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Confident, enthusiastic people, child or adult, rarely have any problem with the manifestation of spirit beings. It is wise, however, to have some way to discriminate between those beings who are basically helpful and supportive (like a Guide or Guardian Angel), and those who seek to confuse or possess (like a mixed-up or angry disincarnate). Hesitation is healthy, especially if "channeling" is involved (where voices or thoughts other than your own seek attention or try to express themselves through you). "Gifts of the spirit" are not always what they seem, neither are they necessarily positive. The following chart highlights **the real source of power behind spirit manifestations**, and gives you comparisons to use as an aid in cross-checking motive:

SUBJECTIVE VOICES/VISITORS

DISCERNING THEIR TRUE SOURCE

| LESSER MIND | GREATER MIND |
|---------------------------------------|---|
| The Voice of Ego Personality Level | The Voice of Spirit Soul Level |
| flatters | informs |
| commands | suggests |
| demands | guides |
| tests | nudges |
| chooses for you | leaves choice to you |
| imprisons | empowers |
| promotes dependency | promotes independence |
| intrudes | respects |
| pushes | supports |
| excludes | includes |
| is status oriented | is free and open |
| insists on obedience | encourages growth and development |
| often claims ultimate authority | recognizes a greater power or God |
| offers shortcuts | offers integration |
| seeks personal gratification | affirms Divine Order along with the good of the whole |

Excerpted from "Runes of the Goddess," Galde Press, Lakeville, MN 2007.
Inquire about RUNES OF THE GODDESS KIT from website address shown above.